



Excerpt from, "Alcohol in Medical Practice," by Charles Mortimer
Culver, MD, AMC Class of 1881

"As alcohol stops waste, promotes constructive metamorphosis by increasing the appetite and the digestive power, and favors the deposition of fat, it is directly indicated in chronic wasting diseases, especially in phthisis. Clinical experience is in accord with physiological data: alcohol is an important remedy in the various forms of pulmonary phthisis. It is frequently given with cod-liver oil, or an ounce or two of whiskey may be taken with some bitter or aromatic immediately after meals. It is an interesting fact that an intractable form of phthisis is induced by alcoholic excess. If alcohol disagrees, if it does not improve but lessens the appetite, it will do harm in phthisis."